

# CUMBERLAND COUNTY HOMEMAKER NEWSLETTER



## Welcome to the New Year!

Join Extension Homemakers and broaden your horizons! LEARN, LEAD, SERVE As a member of Extension Homemakers, you will become a vital part of your community by getting involved in public service and participating in citizenship programs.

### Membership benefits include:

- Leadership training
- Community involvement
- Learning new skills
- Sharing talents and ideas
- Making new friend

### Regular Club Membership:

- Attend monthly meetings
- Participate in club and county activities
- Educational lesson each meeting
- Receive newsletters and information about programs
- Leadership opportunities
- Awards and recognition
- Community Support

### Mailbox Membership:

Members-at-large enjoy the privileges of regular Extension Homemaker Club membership, but choose to not attend a regularly-scheduled club meeting. Ideal for those who wish to stay connected but have less time to regularly commit.

### Paying Your Dues!

Our annual membership drive will be September - December. Dues are \$10 per year. Checks can be made payable to the Cumberland County Homemakers. Please turn in the membership form, included in this newsletter, when turning in dues.

### Let's Grow Homemakers!

- Recruit: Each member is encouraged to get a "plus 1."
- Retain: Value your current members and keep them engaged.
- Repeat: Continue to grow each year!

### Carry Out the Homemaker Mission!

Improving the quality of life for families and communities through education, leadership development, and volunteer service.

### Cumberland County Cooperative Extension Service

90 Smith Grove Rd.  
Burkesville, KY 42717  
(270) 433-7700  
Website: [cumberland.ca.uky.edu](http://cumberland.ca.uky.edu)

### Debbie Messenger,

*Debbie Messenger*

Agent for Family &  
Consumer Sciences

Email: [debbie.messenger@uky.edu](mailto:debbie.messenger@uky.edu)

In this newsletter  
you can expect:

- Welcome to the New Year!
- Homemaker Annual Meeting
- Friends of Burkesville Manor
- Volunteer Hours
- Upcoming Classes, Events, & More!

3,116 Volunteer Service  
Hours were completed by  
Cumberland County  
Homemakers from July 1st,  
2023 to June 30th, 2024!

YOU ARE INVITED TO THE

CUMBERLAND COUNTY  
*Homemaker*  
ANNUAL MEETING



*August 27th, 2024*  
*5pm* at the Cumberland County Extension Office  
90 Smith Grove Rd., Burkesville, KY 42717

**Theme:** Grease (Movie)

**Meal:** Hotdogs, Sides and Desserts. Homemaker Members are encouraged to bring a side dish or dessert.

**Contests:**

- Best Costume
- Most Guests - whoever brings the most guests, wins!

To help invite guests (potential Homemakers!), pick up tickets at the Cumberland County Extension Office. These guests will fill in the back with your name and bring to the night of the event. Please **RSVP** by calling the Cumberland County Extension Office at (270) 433-7700.

### Friends of Burkesville Manor

The Extension Office is collecting the following items for the Friends of Burkesville Manor Program:

August:

- Macaroni and Cheese
- Instant Potatoes
- Due: August 16th, 2024

Burkesville Manor has 24 apartments that we will be providing for. If you would like to help deliver items, please contact the Cumberland County Extension Office.

As always, thanks to those that support this cause! ♥

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# Upcoming Classes, Events, & More!

## **Photography Class**

August 13th, 2024 | Noon  
at Cumberland Co. Extension  
*Instructor: Dylan Gentry*

Participants are welcome to bring their lunch to this class. Free class. To register, contact the Cumberland County Extension Office at (270) 433-7700.

## **Pumpkins Galore Craft Class**

August 23rd, 2024 | 1pm  
at Cumberland Co. Extension



Free class. To register, contact the Cumberland County Extension Office at (270) 433-7700.

## **Homemaker Trip**

September 6th, 2024  
Homemakers will take a trip to Real Java and shop in Russell County. Members will carpool from the Cumberland County.

## **Homemaker Trip**

October 11th, 2024  
Homemakers will take a trip to the Galilean Home and Bread of Life Cafe. More details to come!

## **Marrowbone Homemakers**

### **Seeking Donations**

The Marrowbone Homemakers are asking for donations of cleaning supplies and items for the Ronald McDonald House (see items below).

- Toys (New and in original packaging)
- Food (Canned goods & Non-perishable food items)
- Household Items
  - Paper products (facial tissue, toilet paper, paper towels)
  - Trash bags
  - Aluminum foil, plastic wrap and sandwich bags
  - Laundry detergent and fabric softener
  - Cleaning products (sponges, dishwashing liquid, dishwasher detergent)
  - Personal Care items (deodorant, dental floss, toothpaste, soap and shampoo/conditioner.
  - Gift Cards

**NOTE: All items must be new and in original packages.**

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# SAVOR

the *Flavor*

*Many of us know there are a variety of cooking oils and flavored vinegars out there, but may not be sure how and when to use them. Join us for this class in which you will learn about adding flavor to foods and dishes with cooking oils and vinegars. We will learn about some of the most common types of cooking oils and flavored vinegars found in your grocery store — or they may be already in your cupboard! We look forward to seeing you! Class participants will be making a basic vinaigrette.*

**AUGUST 19TH, 2024 1 10AM**

**at the Cumberland County Extension Office**

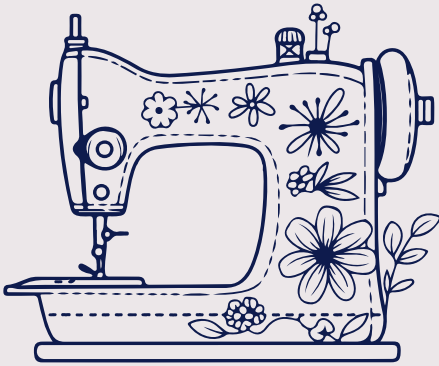
*90 Smith Grove., Burkesville, KY 42717*

## REGISTRATION:

*This class is free. To register, please contact the Cumberland County Extension Office at (270) 433-7700. Space is limited.*

# Basic Sewing Workshop:

Apron as easy as 1, 2, 3!



## August 27th, 2024

9am-Noon

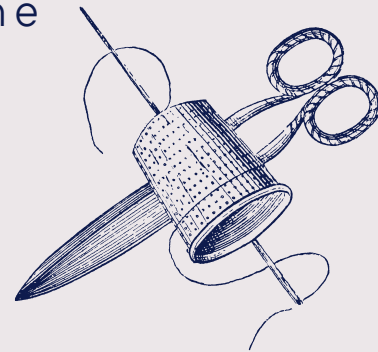
at the Cumberland County Extension Office  
90 Smith Grove Rd., Burkesville, KY 42717

## Materials Needed:

- Sewing machine (machines will be available upon request)
- 2 yards of fabric
  - cotton fabric, each yard can be the same or different
- 1 spool of matching thread

## Registration:

This class is free. To register, please contact the Cumberland County Extension Office at (270) 433-7700. Space is limited.



# Sourdough & Breadmaking Class

Being able to make your own bread is a cost-saving strategy for homeowners. Come learn about one of the oldest breads in the United States, Sourdough bread. This class will go over how to make and maintain a sourdough starter, provide a starter, and instructions on how to make loaves. Instructor: Megan Gullett, Russell County Extension Agent for Family and Consumer Sciences

**AUGUST 28TH, 2024 | 10AM**

**at the Cumberland County Extension Office**

*90 Smith Grove Rd., Burkesville, KY 42717*

**This class is free! To register, contact the Cumberland County Extension Office at (270) 433-7700.**